

Aetna Student HealthSM Plan Design and Benefits Summary Preferred Provider Organization (PPO)

Chamberlain University

Policy Year: 2023 – 2024 Policy Number: 686201

https://www.aetnastudenthealth.com

(877) 480-4161



Dear Chamberlain Student:

The personal health and integrity of students is of utmost importance in providing safe and professional nursing care. Maintaining personal health insurance is one way to ensure your ability to protect yourself and those you care for in the clinical environment. As such, Chamberlain University's Policy requires students enrolled in certain programs to demonstrate proof of health insurance (either your own insurance plan or the injury and sickness plan outlined in the Aetna policy).

Recognizing the cost of insurance coverage today and keeping the interest and protection of all our students in mind, Chamberlain University has arranged for a Student Injury and Sickness Insurance Plan for students from Aetna Insurance Company. All full-time pre-licensure students are required to enroll in this injury and sickness insurance plan, unless physical evidence of coverage under a similar insurance program (individually or as dependents on a comparable insurance policy) is presented to Chamberlain. Chamberlain sincerely believes that this insurance program will help reduce the cost of treatment for sickness and injury from accidents that may occur.

Please read the enclosed materials carefully for a full description of coverage, including costs, benefits, exclusions, any reductions and limitations and the terms under which the coverage may remain in force. Although benefits are limited in certain areas, the plan is designed to alleviate the basic cost of hospital and some outpatient care resulting from an injury or illness. This plan also provides an option for coverage of a spouse and/or children. Only the student portion of the premium cost may be applied to your student account.

Should you still desire more detailed information about the Student Injury and Sickness Insurance Plan, please contact the Chamberlain Healthcare Compliance Office at cuhealthcarecompliance@chamberlain.edu.

Here's to your good health and the patients that you serve.

Karen Cox President

Karend Cox

This is a brief description of the Student Health Plan. The plan is available for Chamberlain University students and their eligible dependents. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at https://www.aetnastudenthealth.com. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Who is eligible?

Health Insurance plans are available to all Chamberlain students, including registered part-time students taking at least 6 credit hours per semester for undergraduate programs. Coverage is effective 24 hours per day during the period for which the premium has been paid and eligibility has been met. All registered on-site prelicensure students are automatically enrolled in this insurance plan at registration, unless proof of comparable coverage is furnished. Insurance is mandatory for online students enrolled in MSN-NP tracks and the BSN online program.

You must actively attend classes for at least the first 31 days after the date your coverage becomes effective.

Dependent Coverage Eligibility

All registered full-time and part-time students (taking at least 6 credit hours per semester for undergraduate programs) may enroll their Dependents.

Coverage Dates and Rates

Coverage for all insured students and eligible dependents will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

2023 - 2024 Health Insurance Coverage Periods			
Coverage	Coverage Dates	Open Enrollment Date	Enrollment Deadline Date
Annual	7/10/2023 - 7/07/2024	6/12/2023	8/06/2023
1st Health & Specialty Plan -July Session	7/10/2023 - 9/03/2023	6/12/2023	8/06/2023
2nd Health & Specialty Plan -September Session	9/04/2023 - 10/29/2023	8/07/2023	10/01/2023
3rd Health & Specialty Plan -November Session	10/30/2023 - 1/07/2024	10/02/2023	12/10/2023
4th Health & Specialty Plan -January Session	1/08/2024 - 3/03/2024	12/11/2023	2/04/2024
5th Health & Specialty Plan -March Session	3/04/2024 - 5/05/2024	2/05/2024	4/07/2024
6th Health & Specialty Plan -May Session	5/06/2024 - 7/07/2024	4/08/2024	6/10/2024

Rates

2023-2024 Health Insurance Coverage Rates			
Coverage	Student rate	Spouse rate	Child rate (2 or more Children rate)
Annual	\$4,316.00	\$4,316.00	\$4,316.00 (\$8,632.00)
1st Health & Specialty Plan -July Session	\$664.00	\$664.00	\$664.00 (\$1,328.00)
2nd Health & Specialty Plan -September Session	\$664.00	\$664.00	\$664.00 (\$1,328.00)
3rd Health & Specialty Plan -November Session	\$830.00	\$830.00	\$830.00 (\$1,660.00)
4th Health & Specialty Plan -January Session	\$664.00	\$664.00	\$664.00 (\$1,328.00)
5th Health & Specialty Plan -March Session	\$747.00	\$747.00	\$747.00 (\$1,494.00)
6th Health & Specialty Plan -May Session	\$747.00	\$747.00	\$747.00 (\$1,494.00)

Enrollment

Student may elect to positively enroll in the student medical insurance plan be visiting the Aetna Student Health website at https://www.aetnastudenthealth.com, use the drop down option to select your university (Chamberlain University), click view your school, then select the Enroll link to bring you to the enrollment page.

To enroll the dependent(s) of a covered student, please complete the Enrollment Form by visiting https://www.aetnastudenthealth.com, by following the same enrollment instructions for Students only select the Dependent Enrollment option once inside the enrollment site or you may enroll your dependent by calling customer service at (877) 480-4161 and requesting that an Enrollment Form be sent in the mail. Dependent enrollment applications will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage under another health plan or a child's birth.) The completed Enrollment Form and premium must be sent to Aetna Student Health.

Chamberlain on-site prelicensure nursing students are required to demonstrate proof of health insurance by Friday of week 1. Failure to provide proof of health insurance documentation by the deadline may result in auto enrollment in the Aetna Student Health Injury and Sickness Plan.

TO BEGIN COVERAGE WITH THE PLAN, A NEW ENROLLMENT APPLICATION MUST BE COMPLETED ONLINE BY THE DEADLINES POSTED ABOVE. Enrollment instructions, a summary of the plan benefits, limitations, exclusions, and services will be available at www.chamberlain.edu/studentinsurance or https://www.aetnastudenthealth.com.

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

Termination and Refunds

If you withdraw from classes other than under a school-approved leave of absence within 31 days after the policy effective date, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetna.com.

Precertification Call

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable Illinois Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
Student	\$250 per policy year	\$500 per policy year
Spouse	\$250 per policy year	\$500 per policy year
Each child	\$250 per policy year	\$500 per policy year
Policy year deductible waiver		

The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness, Pediatric Dental Type A services, and Pediatric Vision Care
- In-network care and out-of-network care for Well newborn nursery care and Outpatient Prescription Drugs

Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$8,700 per policy year	\$17,400 per policy year
Spouse	\$8,700 per policy year	\$17,400 per policy year
Each child	\$8,700 per policy year	\$17,400 per policy year
Family	\$17,400 per policy year	\$34,800 per policy year

Preventive care and wellness			
Routine physical exams	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		
Covered persons through age 21 Maximum age and visit limits per	Subject to any age and visit limits provice supported by the American Academy of	-	
policy year	Resources and Services Administration g	· · · · · · · · · · · · · · · · · · ·	
Preventive care immunizations			
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		
Maximums	Subject to any age limits provided for in supported by Advisory Committee on In for Disease Control and Prevention	,	
The following is not covered under thi Any immunization that is not con those required due to employment or	sidered to be preventive care or recommo	ended as preventive care, such as	
Routine gynecological exams (includi	ng Pap smears and cytology tests)		
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		
Preventive screening and counseling services			
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol &	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	No copayment or policy year deductible applies		
Skin cancer behavioral counseling	100% (of the negotiated charge) per	60% (of the recognized charge) per	
office visits	visit	visit	
	No copayment or policy year deductible applies		
Falls prevention counseling office visits	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		

In-network coverage

Out-of-network coverage

Eligible health services

Eligible health services	In-network coverage	Out-of-network coverage
Routine cancer screenings	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum:	Subject to any age; family history; and frequency guidelines as set forth in the most current: • Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and • The comprehensive guidelines supported by the Health Resources and Services Administration.	
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Lactation counseling services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Breast pump supplies and accessories	100% (of the negotiated charge) per item	60% (of the recognized charge) per item
	No copayment or policy year deductible applies	
Family planning services – contracept	ives	
Contraceptive counseling services office visit	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Contraceptive prescription drugs and devices provided, administered, or removed, by a provider during an	100% (of the negotiated charge) per item	60% (of the recognized charge) per item
office visit	No copayment or policy year deductible applies	
Female Voluntary sterilization		
Inpatient provider services	100% (of the negotiated charge) per	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Outpatient provider services	100% (of the negotiated charge) per	60% (of the recognized charge)
	No copayment or policy year deductible applies	

- Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care
- Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA

Eligible health services	In-network coverage	Out-of-network coverage		
Physicians and other health professio	Physicians and other health professionals			
Physician, specialist including Consultants Office visits (non-surgical/non-preventive care by a physician and specialist) includes telemedicine consultations)	\$25 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	60% (of the recognized charge) per visit		
Allergy testing and treatment				
Allergy testing performed at a physician's or specialist's office	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit		
Allergy injections treatment performed at a physician or specialist office	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit		
Allergy sera and extracts administered via injection at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		
Physician and specialist surgical services				
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	60% (of the recognized charge)		

The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- Services of another physician for the administration of a local anesthetic

Outpatient surgery performed at a	80% (of the negotiated charge) per	60% (of the recognized charge) per
physician's or specialist's office or	visit	visit
outpatient department of a hospital		
or surgery center by a surgeon		
(includes anesthetist and surgical		
assistant expenses)		

The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Alternatives to physician office visits			
Walk-in clinic visits (non-emergency visit)	\$25 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	60% (of the recognized charge) per visit	

Eligible health services	In-network coverage	Out-of-network coverage		
Hospital and other facility care	Hospital and other facility care			
Inpatient hospital (room and board) and other miscellaneous services and supplies)	\$200 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	60% (of the recognized charge) per admission		
Includes birthing center facility charges				
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit		
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		
Alternatives to hospital stays				
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge)	60% (of the recognized charge)		
For physician charges, refer to the Physician and specialist - outpatient surgical services benefit				

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

The following are not covered under this benefit:

- Services for infusion therapy
- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

	Hospice-Inpatient	\$200 copayment then the plan pays	60% (of the recognized charge) per
	(room and board and other	80% (of the balance of the negotiated	admission
	miscellaneous services and supplies)	charge) per visit	
	Hospice-Outpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
		visit	visit

The following are not covered under this benefit:

- Funeral arrangements
- Pastoral counseling
- Bereavement counseling
- Financial or legal counseling which includes estate planning and the drafting of a will

- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
 - Maintenance of the house

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient private duty nursing	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Skilled nursing facility- Inpatient (room and board and miscellaneous inpatient care services and supplies) Subject to semi-private room rate unless intensive care unit is required Room and board includes intensive	\$200 copayment then the plan pays 80% (of the balance of the negotiated charge) per admission	60% (of the recognized charge) per admission
care		
Hospital emergency room	\$200 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Emergency services resulting from a criminal sexual assault or abuse	100% (of the negotiated charge) per visit No policy year deductible applies	Paid the same as in-network coverage
	Two policy year deductible applies	

Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room.
 If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied
 to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to
 other covered benefits under the plan cannot be applied to the hospital emergency room
 copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts that are different from the hospital emergency room copayment/coinsurance amounts.

Urgent medical care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric dental care (Limited to covered persons through the end of the month in w		th in which the person turns age 19.
Type A services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Type C services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Dental emergency services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

- Any instruction for diet, plaque control and oral hygiene
- Cosmetic services and supplies including:
 - Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance
 - Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth, whether or not for psychological or emotional reasons, except to the extent coverage is specifically provided in the *Eligible health services and exclusions* section
 - Facings on molar crowns and pontics will always be considered cosmetic
- Crown, inlays, onlays, and veneers unless:
 - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
 - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - For splinting
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Orthodontic treatment except as covered above and in the *Pediatric dental care* section of the schedule of benefits
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Routine dental exams and other preventive services and supplies, except as specifically provided in the

Pediatric dental care section of the schedule of benefits

- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dentist or dental provider that is legally qualified to furnish dental services or supplies

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Podiatric (foot care) treatment Physician and specialist non-routine foot care treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

The following are not covered under this benefit:

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	80% (of the negotiated charge)	60% (of the recognized charge)
Accidental injury to sound natural	80% (of the negotiated charge)	60% (of the recognized charge)
teeth		

The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Tem	nporomandibular joint	Covered according to the type of	Covered according to the type of
dysf	function (TMJ) and	benefit and the place where the	benefit and the place where the
cran	niomandibular joint dysfunction	service is received.	service is received.
(CM	J) treatment		

The following are not covered under this benefit:

Dental implants

Eligible health services	In-network coverage	Out-of-network coverage
Blood and body fluid	Covered according to the type of	Covered according to the type of
exposure	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered unde	er this benefit:	
 Services and supplies provide 	led for the treatment of an illness that re	sults from your clinical related injury as
these are covered elsewher	e in the student policy	
Clinical trial (routine patient	Covered according to the type of	Covered according to the type of
costs)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered unde	er this benefit:	
_	d to data collection and record-keeping t	hat is solely needed due to the clinical
trial (i.e. protocol-induced o		,
 Services and supplies provide 	led by the trial sponsor without charge to	you
	ion itself (except medically necessary Cate	•
•	l investigational interventions for termina	- ,
accordance with Aetna's cla	im policies)	
Dermatological treatment	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered unde	er this benefit:	
 Cosmetic treatment and pro 		
Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of
services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered servi	ces:	•
Weight management treatn		
	or increase body weight, control weight	or treat obesity except as described in th
 Except as described in the F 	reventive care services section, preventiv	e care services for obesity screening and
•	entions, regardless of whether there are o	
	reparations, foods or diet supplements, o	
supplements, appet	ite suppressants and other medications	
 Hypnosis, or other f 	orms of therapy	
 Exercise programs, exercise 	equipment, membership to health or fitr	ness clubs, recreational therapy or other
forms of activity or activity	enhancement.	
Maternity care (includes	Covered according to the type of	Covered according to the type of
delivery and postpartum care	benefit and the place where the	benefit and the place where the
services in a hospital or	service is received.	service is received.
oirthing center)		
_		
_	elated to births that take place in the hom	e or in any other place not licensed to
 Any services and supplies re perform deliveries 	elated to births that take place in the hom 80% (of the negotiated charge)	60% (of the recognized charge)

Eligible health services	In-network coverage	Out-of-network coverage
Family planning services – other		
Voluntary sterilization	100% (of the negotiated charge)	60% (of the recognized charge)
for males-surgical services		
	No copayment or Policy year	
	deductible applies	
Abortion	80% (of the negotiated charge)	60% (of the recognized charge)
The following are not covered under this benefit:		

- Reversal of voluntary sterilization procedures, including related follow-up care
- Services provided as a result of complications resulting from a male voluntary sterilization procedure and related follow-up care

Gender affirming treatment		
Surgical, hormone replacement	Covered according to the type of	Covered according to the type of
therapy, and counseling treatment	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

The following are not eligible health services under this benefit:

Any treatment, surgery, service or supply that is not listed in the certificate as eligible health services

Autism spectrum disorder			
Autism spectrum disorder	Covered according to the type of	Covered according to the type of	
treatment, diagnosis and testing.	benefit and the place where the	benefit and the place where the	
Includes Applied behavior analysis	service is received.	service is received.	
and Physical, occupational, and			
speech therapy associated with			
diagnosis of autism spectrum			
disorder			
Mental Health & Substance related d	isorders treatment		
Inpatient hospital mental health	\$200 copayment then the plan pays	60% (of the recognized charge) per	
disorders treatment	80% (of the balance of the negotiated	admission	
(room and board and other	charge) per admission		
miscellaneous hospital			
services and supplies)			
	100	000/ / 511	
Outpatient office visits	\$25 copayment then the plan pays	60% (of the recognized charge) per	
(includes telemedicine	80% (of the balance of the negotiated	visit	
consultations)	charge) per visit		
Other outpatient health disorders	80% (of the negotiated charge) per	60% (of the recognized charge) per	
treatment	visit	visit	
(includes skilled behavioral health	Visit	VISIC	
services in the home)			
services in the nome;			
(includes Partial hospitalization and			
Intensive Outpatient Program)			
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Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage* (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Transplant services-travel and lodging	Covered	Covered
Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per IOE patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion	\$50 per night	\$50 per night

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage
Treatment of infertility		
Basic infertility services Inpatient and outpatient care - basic infertility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Comprehensive infertility services Inpatient and outpatient care	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Advanced reproductive technology (ART) services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
For treatment that includes an oocyte retrieval, maximum number of oocyte retrievals	4, however if a live birth follows a completed oocyte retrieval, 2 additional oocyte retrievals will be covered.	

The following are not covered under the infertility treatment benefit:

- All charges associated with:
 - Services provided to a surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father. If you choose to use a surrogate, this exclusion does not apply to the cost for procedures to obtain the eggs, sperm or embryo from a covered person.

- Reversal of voluntary sterilizations, including follow-up care. However, if a voluntary sterilization is successfully reversed, infertility benefits are available if your diagnosis meets the definition of infertility
- Travel costs within 100 miles of your home or travel cost not required by Aetna
- Infertility treatment for covered dependents under age 18
- Non-medical costs of an egg or sperm donor
- Experimental or investigational infertility treatment as determined by the American Society for Reproductive Medicine

Eligible health services	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge)	60% (of the recognized charge)
No additional expense, such as a copayment or deductible amount, will be imposed for mammograms		
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge)	60% (of the recognized charge)
No additional expense, such as a copayment or deductible amount, will be imposed for mammograms		
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Outpatient infusion therapy	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan
- Enteral nutrition
- Blood transfusions and blood products
- Dialysis

Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		
Chiropractic services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Specialty prescription drugs	Covered according to the type of	Covered according to the type of
purchased and injected or infused	benefit or the place where the service	benefit or the place where the
by your provider in an outpatient	is received.	service is received.
setting		
Other services and supplies		
Emergency ground, air, and water	80% (of the negotiated charge) per	Paid the same as in-network
ambulance	trip	coverage
(includes non-emergency		
ambulance)		
The following are not covered under this benefit:		
 Ambulance services for routine transportation to receive outpatient or inpatient care 		
Durable medical and surgical	80% (of the negotiated charge) per	60% (of the recognized charge) per
equipment	item	item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Nutritional support	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item

The following are not covered under this benefit:

• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition. except as described above

Orthotic devices	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item
Prosthetic and customized orthotic	80% (of the negotiated charge) per	60% (of the recognized charge) per
devices Includes Cranial prosthetics	item	item
(Medical wigs)		
All other prosthetic devices	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item

The following are not covered under this benefit:

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss, misuse, abuse or theft
- Communication aids

Eligible health services	In-network coverage	Out-of-network coverage
Hearing aids and Exams		
Hearing aids	80% (of the negotiated charge) per item	60% (of the recognized charge) per item
Covered persons under age 18		
Hearing aids maximum	One hearing aid per ear every 12 months	

- A replacement of:
 - A hearing aid that is lost, stolen or broken
 - A hearing aid installed within the prior 12 month period
- Replacement parts for a hearing aid
- Batteries or cords
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any hearing aid prescribed by someone other than a hearing care professional
- Any tests, appliances and devices to:
 - Improve your hearing. This includes hearing aid batteries and auxiliary equipment.
 - Enhance other forms of communication to make up for hearing loss or devices that simulate speech.

Hearing aids	80% (of the negotiated charge) per item	60% (of the recognized charge) per item
Hearing aids maximum per ear	One hearing aid per ear every policy year	

The following are not covered under this benefit:

- A replacement of:
 - A hearing aid that is lost, stolen or broken
 - A hearing aid installed within the prior 12 month period
- Replacement parts or repairs for a hearing aid
- Batteries or cords
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist

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Hearing exams	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit
Covered persons over age 18		

The following are not covered under this benefit:

 Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
evaluations)	No policy year deductible applies	
Low vision Maximum	One comprehensive low vision evaluation every policy year	
Office visit for fitting of contact lenses	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric vision care services &	100% (of the negotiated charge) per	60% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No policy year deductible applies	
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 3 month supply	
conventional prescription contact	Extended wear disposable: up to 6 month supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: one set	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Maximum number of optical devices	One optical device	
per policy year		

^{*}Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies.

As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		

Copayment/coinsurance waiver for risk reducing breast cancer

The prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Copayment waiver for tobacco cessation prescription and over-the-counter drugs

The outpatient prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Your prescription drug copayment will apply after those two regimens per policy year have been exhausted.

Copayment waiver for contraceptives

The prescription drug copayment will not apply to female contraceptive methods when obtained at a in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brandname prescription drug or device for that method paid at 100%.

The outpatient prescription drug copayment continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at a in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage		Out-of-network coverage	
Preferred generic prescription drugs				
For each fill up to a 30 day supply filled at a retail pharmacy	\$15 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	\$15 copayment per supply then the plan pays 100% (of the balance of the recognized charge)		
	No policy year deductible applies	No p	oolicy year deductible applies	
Preferred brand-name prescription drugs				
For each fill up to a 30 day supply filled at a retail pharmacy	\$35 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	pays	copayment per supply then the plan 100% (of the balance of the gnized charge)	
	No policy year deductible applies	No p	oolicy year deductible applies	
Non-preferred generic prescription drugs				
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	pays	copayment per supply then the plan 100% (of the balance of the gnized charge)	
	No policy year deductible applies	Nop	policy year deductible applies	
Non-preferred brand-name prescription drugs (including specialty drugs)				
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	pays reco	copayment per supply then the plan 100% (of the balance of the gnized charge)	
	No policy year deductible applies	No p	policy year deductible applies	
Specialty Drugs				
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	pays	copayment per supply then the plan 100% (of the balance of the gnized charge)	
	No policy year deductible applies	No p	oolicy year deductible applies	
Important note:				

You will not be required to pay more than \$100 for a 30-day supply of a covered **prescription** insulin **drug**, regardless of the quantity or type of covered **prescription** insulin used to fill your **prescription**.

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Eligible health services	In-network coverage	Out-of-network coverage
Orally administered anti-	100% (of the negotiated charge)	100% (of the recognized charge)
cancer prescription drugs- For		
each fill up to a 30 day supply	No policy year deductible applies	No policy year deductible applies
filled at a retail or mail order		
pharmacy		

Contraceptives (birth control)				
Eligible health services	In-network coverage	Out-of-network coverage		
For each fill up to a 12 month supply of generic and OTC	100% (of the negotiated charge)	100% (of the recognized charge)		
drugs and devices filled at a retail pharmacy]	No policy year deductible applies	No policy year deductible applies		
For each fill up to a [12 month supply of brand name prescription drugs and devices filled at a retail pharmacy	Paid according to the type of drug per the schedule of benefits, above	Paid according to the type of drug per the schedule of benefits, above		
Preventive care drugs and supplements filled at a retail or mail order pharmacy	100% (of the negotiated charge per prescription or refill No copayment or policy year	Paid according to the type of drug per the schedule of benefits, above		
For each 30 day supply	deductible applies			
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill	Paid according to the type of drug per the schedule of benefits, above		
For each 30 day supply	No copayment or policy year deductible applies			
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.			
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy	100% (of the negotiated charge per prescription or refill No copayment or policy year	Paid according to the type of drug per the schedule of benefits, above		
For each 30 day supply	deductible applies			
Maximums:	Coverage is permitted for two 90-day treatment regimens only. Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.			
Disposes As Writton (DAM)		<u> </u>		

Dispense As Written (DAW)

If a prescriber prescribes a covered brand-name prescription drug where a generic prescription drug equivalent is available and specifies "Dispense As Written" (DAW), you will pay the cost sharing for the brand-name prescription drug. If a prescriber does not specify DAW and you request a covered brand-name prescription drug where a generic prescription drug equivalent is available, you will be responsible for the cost difference between the brand-name prescription drug and the generic prescription drug, plus the cost sharing that applies to the brand-name prescription drug. The cost difference related to a prescription drug that is not specified as DAW is not applied towards your policy year deductible or maximum out-of-pocket limit.

Outpatient prescription drugs exclusions

The following are not covered under the outpatient prescription drugs benefit:

- Any services related to the dispensing, injecting or application of a drug
- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered

- Dietary supplements including medical foods
- Drugs or medications
 - Administered or entirely consumed at the time and place it is prescribed or provided
 - Which do not, by federal or state law, require a prescription order [i.e. over-the-counter (OTC) drugs)],
 even if a prescription is written except as specifically provided above
 - That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)
 - Not approved by the FDA or not proven safe or effective
 - Provided under your medical plan while an inpatient of a healthcare facility
 - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee
 - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
 - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
 - That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
 - That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
 - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Genetic care
 - Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically provided above
- Injectables
 - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
 - Needles and syringes, except for those used for self-administration of an injectable drug.
 - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment of a dental condition.
 - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.

- That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card.
- Refills dispensed more than one year from the date the latest prescription order was written
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation products unless recommended by the United States Preventive Services Task Force (USPSTF)
- We reserve the right to exclude:
 - A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
 - Any dosage or form of a drug when the same drug (that is, a drug with the same active ingredient or same therapeutic effect) is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

General Exclusions

Acupuncture

- Acupuncture
- Acupressure

Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium to the policyholder.

Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
 - Stay in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
 - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs
 - Services provided in conjunction with school, vocation, work or recreational activities
 - Transportation
 - Sexual deviations and disorders except in the Eligible health services and exclusions section
 - Tobacco use disorders except as described in the *Eligible health services and exclusions Preventive care and wellness* section

Beyond legal authority

 Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

Blood, blood plasma, synthetic blood, blood derivatives or substitutes

Examples of these are:

- The provision of blood to the hospital, other than blood derived clotting factors
- Any related services including processing, storage or replacement expenses
- The services of blood donors, apheresis or plasmapheresis
- For autologous blood donations, only administration and processing expenses are covered

Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or
appearance of the body except where described in the Eligible health services - Reconstructive surgery and
supplies section.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment

section.

The removal of breast implants due to an illness or injury

Court-ordered services and supplies

 Court-ordered testing or care unless medically necessary. This exclusion does not apply to court-ordered FDAapproved prescription drugs for the treatment of substance use disorders and any associated counseling or wraparound services.

Custodial care

Services and supplies meant to help you with activities of daily living or other personal needs. Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and **substance related disorders** treatment):
 - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
 - Services given mainly to:
 - Maintain, not improve, a level of function
- Provide a place free from conditions that could make your physical or mental state worse

Dental care for adults

- Dental services for adults including services related to:
 - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
 - Dental services related to the gums
 - Apicoectomy (dental root resection)
 - Orthodontics
 - Root canal treatment
 - Soft tissue impactions
 - Alveolectomy
 - Augmentation and vestibuloplasty treatment of periodontal disease
 - False teeth
 - Prosthetic restoration of dental implants
 - Dental implants

This exception does not include treatment of accidental **injuries** to sound natural teeth and treatment for diseases of the teeth, removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts. This exclusion also does not include tooth extraction **surgery** in preparation for radiation treatment of neoplastic jaw or throat diseases.

Educational services

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the
 Eligible health services and exclusions—Diabetic services and supplies (including equipment and training) section
 in the certificate. This includes:
 - Special education
 - Remedial education
 - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
 - Job training
 - Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental or investigational

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions — Other services* section . Note that this exclusion will not impact your ability to obtain an external review of denial of coverage for a service or supply denied by us as experimental or investigational.

Facility charges

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

 All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity and precertification requirements section.

Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, drug, service or supply with the primary purpose to increase or decrease height or alter the rate of growth This does not include growth hormone therapy.
- Surgical procedures, devices and growth hormones to stimulate growth

Illegal Occupation

Services and supplies that you receive as a result of an **injury** due to your commission of a felony to which the contributing cause was the engagement of an illegal occupation.

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Jaw joint disorder

- Surgical treatment of jaw joint disorders
- Non-surgical treatment of jaw joint disorders
- Jaw joint disorders treatment performed by prosthesis placed directly on the teeth, surgical and nonsurgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to covered benefits for treatment of TMJ and CMJ as described in the *Eligible health services and exclusions –Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section in the certificate.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Mandatory no-fault laws

Treatment for an injury to the extent benefits are payable under any state no-fault automobile coverage.

Maintenance care

Care made up of services and supplies that maintain, rather than improve, a level of physical or mental
function, except for habilitation therapy services. See the *Eligible health services and exclusions* –
Habilitation therapy services section in the certificate

Medical supplies - outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Syringes
 - Blood or urine testing supplies
 - Other home test kits
 - Splints
 - Neck braces
 - Compresses

Other devices not intended for reuse by another patient

Medicare

 Services and supplies available under Medicare, if you are entitled to premium-free Medicare Part A or enrolled in Medicare Part B, or if you are not entitled to premium-free Medicare Part A or enrolled in Medicare Part B because you refused it, dropped it, or did not make a proper request for it

Non-U.S.citizen

• Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program

Other primary payer

 Payment for a portion of the charge that Medicare or another party is responsible for as the primary payer

Outpatient prescription or non-prescription drugs and medicines

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan

Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

Riot

• Services and supplies that you receive from providers as a result of an injury from your "participation in a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the riot. It does not include actions that you take in self-defense as long as they are not against people who are trying to restore law and order.

Routine exams

• Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically provided in the *Eligible health services and exclusions* section

School health services

- Services and supplies normally provided by the policyholder's:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Services, supplies and drugs received outside of the United States

Non-emergency services, outpatient prescription drugs or supplies received outside of the United States. They
are not covered even if they are covered in the United States under this certificate of coverage.

Sexual dysfunction and enhancement

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
 - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
 - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services
- Not eligible for coverage are prescription drugs in 60 day supplies

Strength and performance

- Services, , devices and supplies such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
 - Telemedicine kiosks
 - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

Therapies and tests

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

Tobacco cessation

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products
 or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine
 patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF).
 This also includes:
 - Counseling, except as specifically provided in the *Eligible health services and exclusions Preventive care and wellness* section in the certificate
 - Hypnosis and other therapies
 - Medications, except as specifically provided in the Eligible health services and exclusions –
 Outpatient prescription drugs section in the certificate
 - Nicotine patches
 - Gum

Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

Vision care for adults

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

Wilderness treatment programs

See Educational services within this section

Work related illness or injuries

- Coverage available to you under worker's compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to
 payment from that source. You may also be covered under a workers' compensation law or similar law. If you
 submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury
 will be considered "non-occupational" regardless of cause.

The Chamberlain University Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance Company Aetna Health and Life Insurance Company and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Non-Discrimination

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.

Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

አማርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyéde gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔʻɔ-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa 1-877-480-4161 (TTY: 711).

中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسی

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره 4161-480-4871 (TTY: 711) تماس بگیرید.

Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહ્યયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે.

કૉલ કરો **1-877-480-4161** (TTY: **711**).

Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo 1-877-480-4161 (TTY: 711).

한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-480-1, پر کال کریں.

Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).